



ATHLETIC DEPARTMENT
 (808) 974-4021 ext 2235, Fax 974-4036
Leroy_Simms@notes.k12.hi.u2

HILO HIGH SCHOOL STUDENT ATHLETIC PROGRAMS

5/14/06

FALL SPORTS SEASON

1.	Volleyball	Team Sport	JV / Varsity	B/G	July
2.	Bowling	Individual Sport	Varsity	B/G	July
3.	Cross Country	Individual Sport	Varsity	B/G	August
4.	Football	Team Sport	JV / Varsity	B/G	August
5.	Riflery	Individual Sport	Varsity	B/G	August
6.	Softball	Team Sport	JV / Varsity	G	September
7.					

WINTER SPORTS SEASON

1.	Bowling	Individual Sport	JV	G	December
2.	Basketball	Team Sport	JV / Varsity	B	November
3.	Soccer	Team Sport	JV / Varsity	B/G	October
4.	Swimming	Individual Sport	Varsity	B/G	November
5.	Diving	Individual Sport	Varsity	B/G	November
6.	Wrestling	Individual Sport	Varsity	B/G	October
7.	Canoe Paddling	Team Sport	JV / Varsity	B/G	November
8.					

SPRING SPORTS SEASON

1.	Baseball	Team Sport	JV / Varsity	B	January
2.	Tennis	Individual Sport	JV/Varsity	B/G	January
3.	Golf	Individual Sport	Varsity	B/G	January
4.	Basketball	Team Sport	JV / Varsity	G	February
5.	Judo	Individual Sport	Varsity	B/G	February
6.	Track & Field	Individual Sport	JV / Varsity	B/G	January
7.	Water Polo	Team Sport	Varsity	G	February
8.	Cheerleading	Team Sport	JV / Varsity	B/G	May

Requirements for Athletic Participation

2.0 GPA and higher/NO F's in a required course(s) for graduation
 Athletic Physicals and Parental Consent Forms must be current/physicals good for one year.
 Medical Insurance is required (HMSA, Kapiolani, Kaiser, Quest, etc.).
 Abide by the Parent/Guardian Student Athlete Hilo High School Tryout and Athletic Handbooks

Athletic Health Care Specialists, Gary Cooke, Amy Shirk (808) 974-4021 extension 2237



Vikings - It Takes More!