

JASMINE URASAKI
PRINCIPAL



STATE OF HAWAII

DEPARTMENT OF EDUCATION
HILO HIGH SCHOOL
556 Waiianuenue Avenue
Hilo, HI 96720-2598
Telephone: (808) 313-5500
Website: www.hiloHS.k12.hi.us

Dear Parent or Guardian:

This school year we will be teaching a sexual health education unit as part of the **Hawaii DOE - Hilo High School** overall comprehensive health education curriculum. The age appropriate, medically accurate curriculum is aligned with the Hawaii BOE Board Policy 103-5 on Sexual Health Education, National Health Education Standards, The Center for Disease Control’s (CDC’s) Health Education Curriculum Analysis Tool (HECAT), and the Hawaii DOE Priority Health Topics. Information along with curriculum descriptions can be found on our [HIDOE website Sexual Health Education](#) page. Topics covered in this year’s curriculum may include:

- Abstinence
- Contraception and Infection/Pregnancy Prevention
- Decision Making
- Healthy Relationships
- HIV/AIDS and Sexually Transmitted Infections (STIs)
- Personal Safety
- Puberty and Personal Hygiene

The **Hawaii DOE - Hilo High School** acknowledges that parents/guardians are the primary educators for their child and we are committed to partnering with you to support you in this role. Parents/guardians have the option of excluding their child from sexual health education instruction. If this is the case with your child, please review the Opt-Out process on the HIDOE website and send a letter to your child’s health education teacher. Students who are excused will be assigned an alternate learning activity.

Sincerely,

Health Education Department
Hilo High School

OPT-OUT from Sexual Health Education Instruction Participation

I would like for my child, _____, to be excused from sexual health instruction. I understand my child will be given an alternate health related assignment.

Parent/Guardian Signature _____

Date _____

AN AFFIRMATIVE ACTION AND EQUAL OPPORTUNITY EMPLOYER

The Hawaii State Department of Education (HIDOE) and its schools do not discriminate on the basis of race, color, national origin, ancestry, sex, gender identity, gender expression, sexual orientation, age, disability, and religion. Please direct inquiries regarding HIDOE non-discrimination policies as follows: Beth Schimmelfennig, Director, Rhonda Wong, Compliance, Aaron Oaandasan, Title VI, Nicole Isa-Iijima, Title IX, Krysti Sukita, ADA/504, Civil Rights Compliance Branch, Hawaii State Department of Education, PO Box 2360 Honolulu, Hawaii 96804, (808)586-0332 or via relay, info@crcok12.hi.us.